Life with Gracie: Former pro ball player creates Mixed Nation to promote racial harmony

By Gracie Bonds Staples - The Atlanta Journal-Constitution



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became of him. He was of mixed heritage - half white, half black - cute as could be and just as sad.

Not only did white children reject him, so did black ones. It was the saddest thing I'd ever seen and one in which I felt helpless to fix.

I think often of a little boy from my hometown named Danny, wondering whatever

I was reminded again of Danny early this week while talking with Luke Whitehead, the founder and CEO of Mixed Nation, a national movement that

for the past seven years has been providing tools and resources to parents navigating raising multiracial children in our often racially hyper-conscious society.

The online destination allows members to contribute, among other things,

personal stories, parenting advice, book recommendations for children, hair care tips, and inspiring quotes. A Q&A section lets them chat with each other about situations that arise for racially and culturally blended families.



And since the 1967 Supreme Court decision in Loving v. Virginia struck down

Both he and Whitehead are members of what has been for years one of

Research Center survey, the number of U.S. adults with mixed race backgrounds

6.9 percent — is three times what officials census figures indicate, and rising

the fastest-growing populations in America. According to a 2015 Pew

fast.

bad thing.

laws banning such unions, so too have the number and acceptance of interracial marriages increased. According to the same Pew report on interracial marriage, 37 percent of

Americans agreed that having more people marrying different races was a good

thing for society, up from 24 percent four years earlier; 9 percent thought it was a

RELATED: What happened the year interracial marriages increased 400 percent in Georgia Whitehead said mixed race children can struggle with understanding how they fit

into their families and society. They're often dismissed as "not white, but not really

black," and sometimes they feel confused or pressured to "choose a side."

Mixed Nation presents: The Story of My Mix

Mixed Nation aims to change that and instead promote a new narrative that makes it clear that children of mixed race heritage are "Beautifully Blended" or the "Perfect Lil' Blend."



of interracial couples, many of which have produced children, as well as

"It's a message that is so very needed right now," Whitehead said.

our currently racially tense world.

both worlds, he struggled to believe it.

Academy.

messages of support and inspiration for interracial couples and families living in

Whitehead, 36, grew up in a multiracial family at a time when mixed marriages

were still considered taboo. His mother's white family disowned her. At times, he

felt forced to pick sides. And although his mother often told him he was the best of

race was a blessing. Although born in California, Whitehead spent much of his childhood in Coral Springs, Fla., before the family returned to the Bay Area. He left home his senior

year of high school to play for the legendary basketball powerhouse Oak Hill

As he got older, he said, he began to realize his mother was right. Being mixed

Eddie Whitehead, preceded him in 1962, breaking the color barrier. Both Whiteheads became standouts on the Cardinal team. After graduating from UL with a degree in communications, Luke Whitehead signed briefly with the Golden State Warriors for the NBA summer league, but

didn't make the team's final roster. He played professional basketball for six

Having had the chance to experience so many different cultures, he was

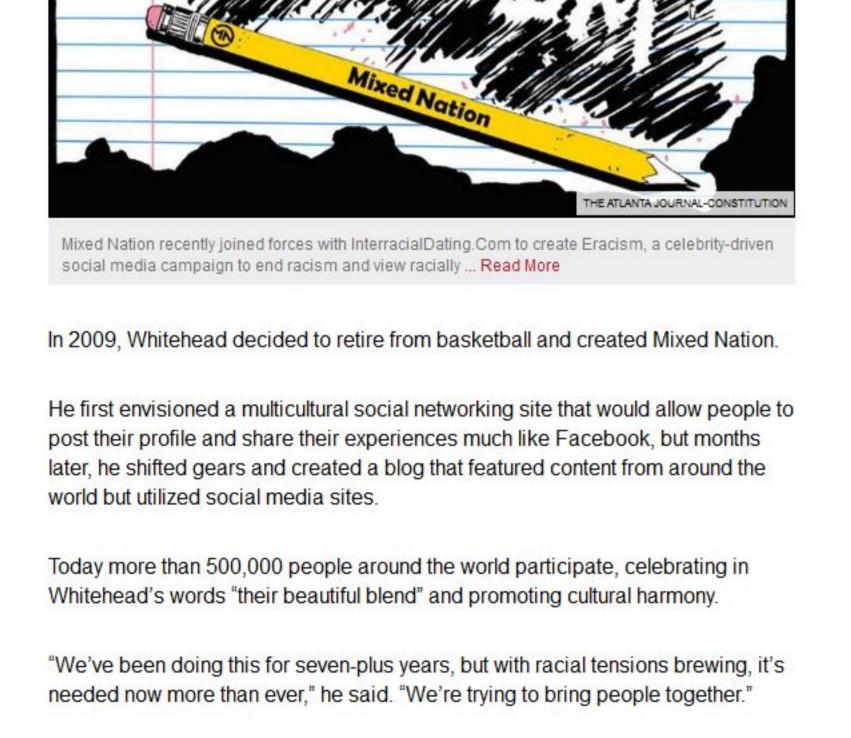
He held that truth deep inside of him, and it lit his passion for diversity.

wanted to do something to change the way we see one another.

years in the Philippines, Korea, Germany and finally Australia before deciding he

He graduated in 2000 and headed to the University of Louisville, where his father,

convinced that "no matter how different we look or sound, we're all brothers and sisters." "I know it sounds cliche, but it's the truth," he said.



It seems to be working. Whitehead pointed to a white mother who submitted a photo of her mixed race

"She asked me to post her picture to see how many people really liked her hair,"

little girl who didn't like her curly hair.

he said. The post has reached more than 50 million people, accumulated over 3.3 million likes and 306,000 comments, telling the little girl "she is beautiful just the way she is."

"That's a great example of how Mixed Nation can make a difference, and shows that it's not just talk," Whitehead said.



God knows we've had enough talk.

way they deserve, I do, too.

Whitehead said he hopes Mixed Nation will become a household name. If it'll change the way kids like Danny are treated and ensure that they are loved the



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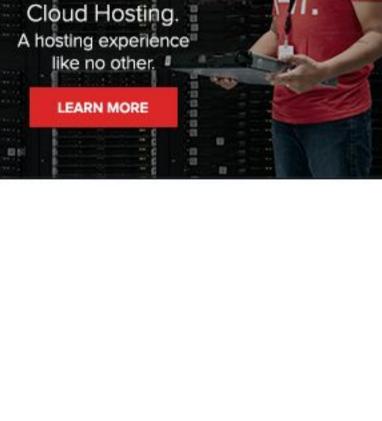
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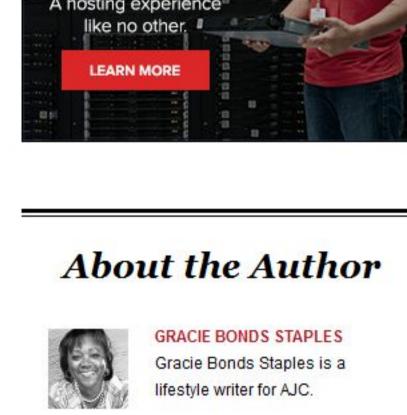
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