

Revelations
Detroit dunker scores
point on Web site
Score D-1

Change needed
Even before LSU hired Les Miles, Bruce
Pickens says he wanted a new football coach.
Sports B-1

Crowes feat
Bounced hand to play
Rocks the River about
Score? B-1

★ Price: Home Edition
\$1.50

TULSA WORLD

100 YEARS

Bombings seconds apart

explosions are still looking for clues while
seeking bodies buried in a tunnel.



Scene

Sunday
INSIDE

These treats can't be beat for summer-weary feet



"Heat, sun, sand and surf — the signature symbols of summer." That isn't my alliterative line, just saw it in a press release and couldn't resist sharing. Try singing it, it's even more fun.

Stunningly enough, I have a point: Those symbols spell YIKES for your feet, which need jampering before jumping before going poolside.

But the tip-doling folks at Plantagen, a fabulous spa line at Natalie Murray's The Spa, 8518 E. 71st St., might be of much assistance.

For starters, you should apply sunscreen to your feet, especially the tops and between toes, 20 or 30 minutes before stepping outside, suggested New York podiatrist Oliver Jung.

If you've been out walking or hiking, plop yourself down, massage your feet, soak them in lukewarm water and keep them elevated for 10 minutes to ease the stress on your circulatory system.

Then, apply a soothing cream that's been stored in the fridge, like Plantagen's Sole Repair Cream (\$20.40). This rich, nongreasy cream relieves dryness and soothes stressed, overworked feet, thanks to a blend of shea butter, avocado, extra virgin olive oil and peppermint.

Also check out Plantagen's Sole Scrub (also \$20.40), which sloughs away flaky skin with a combo of apricot seed, peppermint, tea tree oil, menthol and chamomile.

For more info on Plantagen, give Natalie a call at 248-1772.

Play misty for me

Gorgeous, delectable Lynn, I promise you a thank-you note is in the mail. Actually, that's a lie. It's on top of my



fridge. So let me go ahead and say thanks, albeit belatedly, for my Fab Find of the Week — Neutrogena's MicroMist Tanning Sunless Spray.

I've used other Neutrogena sunless tanners and liked them, but I love this one. It's an airbrush-type application that doesn't involve your hands, so it's mess-free.

Just exfoliate yourself, dry off, hold the can six inches from your skin, and start spraying. Wait five minutes before getting dressed, though.

You'll find MicroMist — yet another product that's less than \$10 — at drug and grocery stores. I recommend the medium tint, but they have a darker version, too.

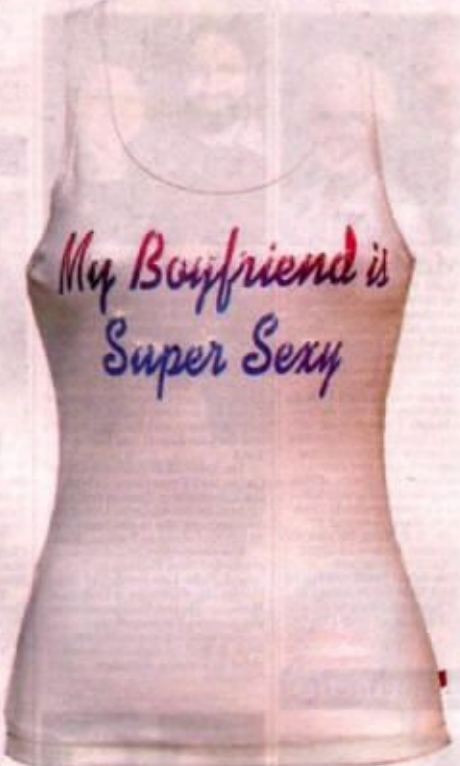
Last temptations

A few Augusts ago, when my herd of guinea pigs tested mascara for me, Rimmel's lash lacquer rated highest. And a few of my friend girls like lip colors by Rimmel, an inexpensive cosmetic line you can find at Walgreens and Wal-Mart.

That praise raised, I thought I'd mention Rimmel's Lasting Finish foundation, a transfer-resistant, breathable makeup.

Designed to match all skin tones, Lasting Finish provides a natural feel that's not supposed to clog pores or fade for up to 12 hours.

Check it and other Rimmel products out (most are less than \$10) next time



you go Wal-ing, or visit www.RimmelLondon.com for more info.

You'll do for now

You'll know I love T-shirts. You do now, anyway. So it's too bad Super Sexy doesn't make my size or anything for my sex.

Super Sexy tops are made-to-order, airbrushed and embellished custom shirts by New Jersey designer Anna Ferreira.

She creates custom stencils, which she uses to airbrush designs, then embellishes them with glitter and/or Swarovski crystals.

Each item is special-made after the customer chooses the shirt's style, color and size. Text style and embellishment options range from plain text to glitter-enhanced and Swarovski crystal-encrusted.

Some of the custom requests include Eye Candy, Silicone, Turn Up the Volume, Don't Cry If I Reject You — I'm Out of Tissues, Yes Your Highness (Practice That), Celebrity Party Crusher (It's Not a Party Until I Arrive), The World Doesn't Revolve Around You (It Revolves Around Me) and You'll Do for Now.

Anna Kournikova owns an "I Love Kim's" shirt. Last summer, the most popular request were the "Mrs. So-So" shirts, a la Madonna and her "Mrs. Richie" tank. Recently the "Super Sexy" logo itself has taken center stage. Britney Spears and Carmen Electra recently received a "My Husband Is Super Sexy" tank top. And Paris Hilton and Pamela Anderson were gifted with "My Boyfriend Is Super Sexy."

Shirts are machine-washable and come in sizes small through XXL. Super Sexy's you-design-it products allow you to express a personal statement. Retail prices start at \$45, with the average custom-made shirt costing about \$70.

Right now, though, they're only available at www.mysupersexy.com.

